

# Toddler ELDS at-a-Glance Activity Cards

		Approaches to Play and Learning				Social and Emotional Development			Communication, Language, and Literacy Development			Health and Physical Development				Cognitive Development			
		APL1. Curiosity and Initiative	APL2. Creativity and Imagination	APL3. Executive Functions and Cognitive Self-Regulation	APL4. Behavioral Self-Regulation	SED1. Positive Self-Concept	SED2. Emotional Competence	SED3. Interacting with Others	CLLD1. Communication	CLLD2. Foundations of Reading	CLLD3. Foundations of Writing	HPD1. Using Senses	HPD2. Gross Motor	HPD3. Fine Motor	HPD4. Physical Health and Self-Care	CD1. Science	CD2. Social Science	CD3. Mathematics	CD3. Fine Arts
Relate	Conversation Starters					◆		◆	◆								◆		
	Get to Know a Peer			◆				◆									◆		
	Way to Go!				◆	◆											◆		
	How Do They Feel?		◆	◆			◆	◆	◆	◆									
	Pass The...			◆	◆			◆					◆						
	Partner Tasks				◆			◆				◆					◆		
	Partner Pretend		◆					◆									◆		◆
	Do You Like It?			◆	◆	◆		◆									◆		
	Name Games			◆		◆		◆				◆							◆
	Hide & Greet					◆		◆				◆					◆		
	Partner Clapping			◆				◆	◆		◆								◆
	Hello! Goodbye!	◆						◆	◆								◆		
	Unity Songs			◆		◆		◆		◆							◆		◆
	Favorite Things					◆		◆									◆		
	Sing My Name!					◆		◆	◆										◆
	Pass The Beat			◆		◆		◆				◆		◆				◆	◆
	Our Classroom Songs			◆	◆			◆		◆									◆
	Whatchamacallit			◆		◆		◆									◆		
	It's Good to Be Me!					◆	◆	◆									◆		
	Mirror Play			◆		◆		◆				◆				◆			
Affirmation Songs & Cheer			◆		◆		◆	◆										◆	
Partner Play			◆	◆			◆	◆			◆	◆						◆	
Think	Let's Pretend	◆	◆	◆							◆	◆			◆			◆	
	Time to Count!							◆				◆			◆		◆		
	Musical Math Chairs			◆	◆			◆			◆	◆					◆	◆	
	Number Songs			◆				◆	◆		◆						◆	◆	
	Which is More?							◆	◆						◆		◆		
	Is it Smaller?							◆	◆						◆		◆		
	I-Spy			◆				◆			◆				◆	◆	◆		
	Stepping Stones			◆				◆			◆	◆			◆				
	Who Am I?			◆				◆							◆				
	Pattern Games	◆		◆				◆				◆						◆	
	Shape & Color Hunt			◆				◆			◆	◆			◆		◆	◆	
	Where's the Beanbag?			◆		◆		◆			◆	◆	◆				◆		
	Steady Beat Patterns			◆				◆			◆						◆	◆	
	What Would Happen If?		◆					◆							◆			◆	
	Same or Different?	◆		◆				◆							◆		◆		
	Snack Math			◆				◆							◆		◆		
	Pattern Movements			◆				◆				◆			◆		◆	◆	

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Communicate	Label It!			◆			◆	◆	◆	◆									
	Body Parts			◆			◆	◆	◆		◆	◆							◆
	Rhyming Songs			◆	◆		◆	◆	◆						◆				◆
	Describe It!	◆		◆				◆	◆		◆				◆				
	Conversation Starters			◆		◆		◆	◆							◆			
	Me Too!			◆	◆	◆		◆	◆				◆					◆	
	Sing a Question			◆		◆		◆	◆							◆			◆
	Active Listening			◆				◆	◆										◆
Regulate/Move	Follow the Music: Tempo			◆	◆						◆	◆							◆
	Follow the Music: Instruments			◆	◆						◆	◆							◆
	Follow the Leader	◆		◆	◆			◆			◆	◆							
	Bubbles	◆		◆				◆			◆	◆							
	Hula Hoops			◆	◆						◆	◆							
	I-Spy	◆		◆				◆				◆	◆		◆		◆		
	Kicking Balls			◆								◆	◆						
	Show Me...			◆				◆	◆			◆	◆						
	Balance Beams			◆	◆	◆						◆	◆						
	Ball Drops	◆		◆	◆			◆				◆	◆		◆		◆		
	Bean Bag Toss			◆					◆			◆	◆						
	Bowling	◆		◆	◆					◆		◆	◆						
	Singing Songs			◆				◆	◆			◆	◆						◆
	Dance Party	◆		◆	◆	◆						◆	◆						◆
	We're a Zoo	◆	◆	◆					◆			◆	◆		◆				◆
	Freeze			◆	◆			◆	◆			◆	◆						◆
	Buckets			◆	◆			◆	◆			◆	◆		◆				
	Walking & Running			◆				◆	◆			◆	◆						◆
	Hopscotch			◆	◆				◆			◆	◆					◆	
	Mindfulness: Guided imagery		◆	◆					◆			◆			◆				
	Mindfulness: Meditate			◆					◆			◆			◆				
	Mindfulness: Growing Flowers		◆	◆					◆			◆	◆		◆	◆			◆
	Mindfulness: Candle			◆					◆			◆			◆				
	Mindfulness: Listen to the Bell			◆								◆			◆				
Mindfulness: Spiderman			◆								◆			◆					
Mindfulness: Otter Meditation		◆	◆								◆			◆				◆	
Yoga: Calm Down			◆								◆	◆		◆					
Yoga: Observation		◆	◆								◆	◆		◆	◆				

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Regulate/Move	Yoga: Sun Salutation			♦							♦	♦		♦					
	Yoga: Child-Led Poses	♦	♦	♦							♦	♦		♦					
	Yoga: Morning Energy			♦							♦	♦		♦					
	Yoga: Animal Poses			♦							♦	♦		♦	♦				
	Breathing: Feather			♦			♦							♦					
	Breathing: Flower & Candle			♦										♦				♦	
	Breathing: Belly Breathing			♦										♦					
	Breathing: Rise Up			♦	♦								♦		♦				
	Breathing: Balloons			♦										♦				♦	
	Listen & Keep the Beat			♦			♦					♦							♦
	Mindfulness: Musical Minute			♦								♦			♦				♦
	Music Tells a Story		♦	♦								♦	♦						♦
	Move to the Beat!		♦	♦								♦	♦						♦
	Sequence Songs			♦				♦	♦										♦
	Circle Songs and Games			♦				♦	♦			♦	♦						♦
Emotion Faces			♦		♦	♦									♦				